

# the gym @ greetham valley

## Gym Membership Application Form 2010

Monthly Membership **£20.00** direct debit, payable 1<sup>st</sup> monthly

Annual Membership **£240.00** paid in full in advance  
*Annual subscription runs from 1<sup>st</sup> April and is reduced pro-rata.*

Subscriptions are inclusive of VAT at the current rate.  
Minimum age limit 16 years. Minimum height limit 4' 10" / 1.45m  
Please ensure you read and complete all of this form.

.....PLEASE DETACH AND RETURN.....

**I WISH TO APPLY FOR MEMBERSHIP OF the gym @ greetham valley  
AND I HAVE READ, UNDERSTOOD AND ACCEPT THE DISCLAIMER  
ON THE REVERSE OF THIS APPLICATION FORM**

**I have also read, understood and attach a completed Fit to Start? questionnaire**

Title ..... First name ..... Surname .....

Address .....

Postcode .....Email.....

Tel (home) ..... (work) ..... (mobile) .....

Signature ..... Date of Birth .....

**MEMBERSHIP TYPE REQUIRED: MONTHLY / ANNUAL**

**the gym @ greetham valley RESERVES THE RIGHT TO DECLINE ANY APPLICATION**

**For Office Use**

Membership Card No. \_\_\_\_\_

Also Greetham Valley Golf Club Member?

## **the gym @ greetham valley opening times**

- 6am to 9pm daily
- Closed between Christmas Eve 4pm and Boxing Day 8am

## **Gym access**

- Gym users should sign in and collect an access keycard from Hotel Reception on each visit. Please return your keycard and sign out at Reception on departure

## **Membership**

- Annual memberships will run from 1<sup>st</sup> April to 31<sup>st</sup> March, must be paid in full in advance and may be cancelled by giving one month's notice in writing towards the end of the annual term
- Monthly memberships may be cancelled by giving one month's notice in writing
- Minimum age limit 16 years
- Minimum height limit 4' 10" / 1.45m
- Gym members are entitled to a levy card which allows a 10% discount in the bar and restaurant at Greetham Valley

## **Personal Trainers and Chartered Physiotherapist available**

please contact them direct (further details in gym membership pack)

## **DISCLAIMER**

By entering and/or utilising the gym facilities I acknowledge that there are risks and dangers inherent in physical exercise in any environment and declare that I know of no reason, medical or otherwise, why I should not exercise. I understand that any exercise undertaken and equipment used within this facility is voluntary and at my own risk. I agree to waive all legal recourse, excepting negligence, for damages to myself or others arising from my participation. I also agree to abide by the direction and advice of the staff, whether verbal or in writing, and to conform to the standards of acceptable conduct whilst in the facility. I further agree to participating in a short induction session regarding use of the equipment. I have signed the reverse of this form as part of my membership application.